

ACTIVITY REPORT

1. Name of the Organising Department/Cell/Committee: Awareness Cell of Health and Hygiene, K.C. Das Commerce College

2. Name of the Event Conducted: Health Awareness Program

3. Name of the Collaborating Organisation/Cell/Department/Committee: Internal Quality Assurance Cell (IQAC) and Sanjibani Lady Doctors Association of Gauhati Medical College

4. Mode: Offline

5. Date of the Event: 13/09/2025

6. Time: From 11:15 AM

7. Place/ Venue: K.C. Das Commerce College

8. Objectives of the Event:

1. To create awareness about common health disorders and their impact on overall well-being.
2. To emphasize the importance of early detection and timely intervention in preventing major health complications.
3. To educate participants about the harmful effects of tobacco consumption and its related health hazards.
4. To sensitize students and faculty members about mental health issues and encourage open discussions on psychological well-being.
5. To spread awareness on alcohol-related liver disorders and preventive measures against viral hepatitis.

9. Name of Resource person(s) with their Position and Organisation Name:

1. Dr. Jutika Ojah, Head of Community Medicine, GMCH.
2. Dr. Deepanjali Medhi, Professor, Department of Psychiatry, GMCH.
3. Dr. Mallika Bhattacharyya, Associate Professor and Head of Department of Gastroenterology, GMCH.

10. Title of the Topics delivered by the Resource persons:


1. Tobacco Related Issues – by Dr. Jutika Ojha, Head of Community Medicine, GMCH.
2. Mental Health Issues – by Dr. Dipanjali Medhi, Professor of Psychiatry, GMCH.
3. Prevention of Alcohol Related Liver Disorder and Viral Hepatitis – by Dr. Mallika Bhattacharyya, Associate Professor & Head of Gastroenterology, GMCH.

11. Total No. of Participants:

- a. Students: 108
- b. Teachers: 21
- c. Others (doctors from GMCH): 06

12. Outcome of the Event:

The Health Awareness Program organised by the Awareness Cell of Health and Hygiene, K.C. Das Commerce College in collaboration with IQAC and Sanjibani Lady Doctors Association of Gauhati Medical College was a significant step towards promoting health consciousness among students, teachers, and staff. Eminent doctors from GMCH delivered insightful talks on pressing health issues such as tobacco-related disorders, mental health challenges, and prevention of alcohol-related liver disorders along with viral hepatitis. The interactive session allowed active participation, discussions, and queries which enriched the learning experience. The program was successful in creating awareness about preventive health measures and encouraged the attendees to adopt healthier lifestyles. A total of 135 participants including students, faculty, and staff benefited from the event.



Pranav
Convener
Awareness Cell of Health & Hygiene
K.C. Das Commerce College
Chatribari, Guwahati - 08



**AWARENESS CELL OF HEALTH AND HYGIENE,
K.C.DAS COMMERCE COLLEGE**

ORGANISES

**HEALTH AWARENESS PROGRAM IN COLLABORATION WITH
SANJIBANI LADY DOCTORS ASSOCIATION OF
GAUHATI MEDICAL COLLEGE AND HOSPITAL
AND
INTERNAL QUALITY ASSURANCE CELL,
K.C. DAS COMMERCE COLLEGE**

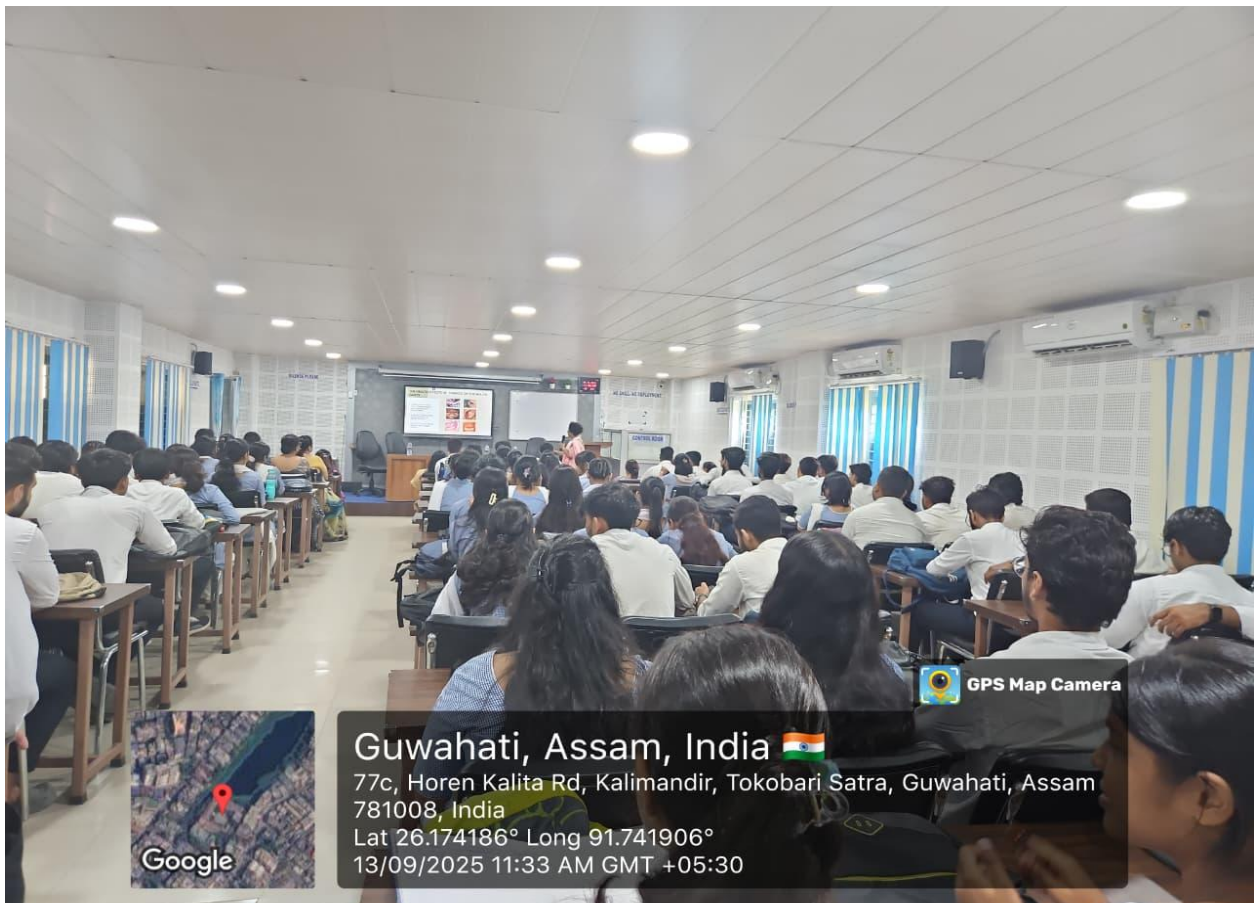


Resource Persons:

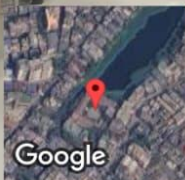
- Dr. Jutika Ojah, Head of Community Medicine, GMCH.
- Dr. Deepanjali Medhi, Professor, Department of Psychiatry, GMCH.
- Dr. Mallika Bhattacharyya, Associate Professor and Head of Department of Gastroenterology, GMCH.

**Date:13/09/2025
Time:11:15 AM**

**Venue:Digital Conference Hall -II,
K.C.Das Commerce College.**



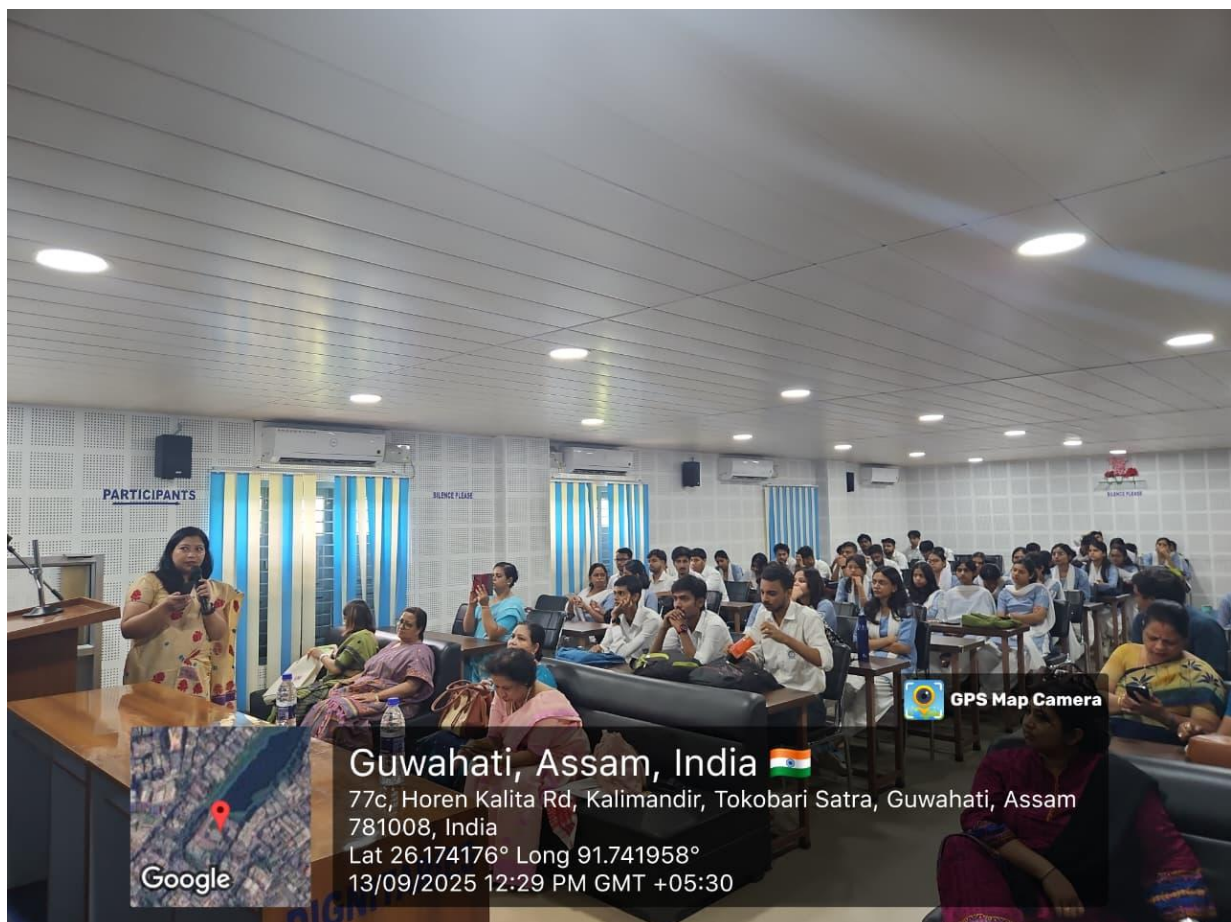
GPS Map Camera




















Guwahati, Assam, India



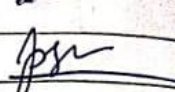

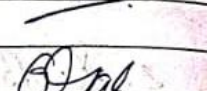
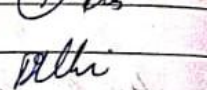
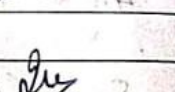
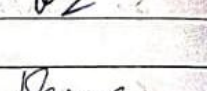
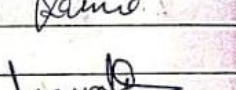
77c, Horen Kalita Rd, Kalimandir, Tokobari Satra, Guwahati, Assam
781008, India

Lat 26.174186° Long 91.741906°
13/09/2025 11:33 AM GMT +05:30

















Participants in Awareness Program On Health
held on 13/9/2025.

Sl. No.	Name	Department	Signature
1.	Dr. Krishikesh Baruah	Principal, K.C. Das Commerce College	
2.	Dr. Bhobathuta Sarma	Vice Principal K.C. Das Commerce College	
3.	Dr. Bijoy Kalita	Vice Principal K.C. Das Commerce College	
4.	Dr. Prastana Barua	Dept. of Eng.	
5.	Shrabani Bhadra	Dept. of Bengali	 13/09/25
6.	Dr. Chandana Gernani	Maths & Stats.	
7.	Santanu Bora	Maths & Stats	
8.	Debasshi Patowary	Maths & Stats	
9.	Sumit Ghosh	Economics	
10.	Nilakshi Kalita	Economics	
11.	Archana Bora	English	
12.	Kalpana Datta Dhar	Bengali	 13/09/25
13.	Shinugayi Das	Hindi	 13/09/25
14.	PURNIMA SINGH	HINDI	 13/09/25
15.	Dr. Swapna Smriti Mahanta	Assamese	 13/09/25
16.	Dr. Ujjwala Chakraborty	Economics	 13/9/25
17.	Sucharita Baruah	Economics	 13/9/25
18.	Bhanusree Barishya	Economics	 13/09/25

Sl. No.	Name	Department	Signature
19.	Joydeep Saha	Maths & stats	
20.	Sankar J Choudhury	English	
21.	Ananta Pegu	Economics	
22	Dr. Mollika Bhattacharya	Gastroenterology UMCH	
23	Dr. Inteka Ghosh	Community Medicine UMCH	
24	Dr. Deepanjali Medhi	Psychiatry	
25	Dr. Ishani Bhagwati	Pharmacology	
26	Dr. Vaishali Sarna	Microbiology, GMCH	
27	Dr. Manjita Devi	Forensic Medicine GMCH	

Students Participants

Sl. No.	Name	Class / Roll No.	Signature
1	Shirine Kar	B.COM 3 rd Sem / 92	
2	Sneha Khundelia	B.COM 2 nd Semester / 04	Sneha Khundelia
3	Palak Bantia	" " " / 03	Palak Bantia
4	Gaurav K Sain	" " " / 30	Gaurav Zein
5	Supriya Sharma	B.COM 3 rd Sem / 93	Supriya
6	Adhiraj Hazarika	B.Com 3 rd Sem / 117	Adhiraj
7	Pratik Das	B.Com 3 rd Sem / 33	P. Das
8	Rajita Sarkar	B.Com 3 rd Sem / 118	Rajita
9	Isfan Hazarika	B.Com 3 rd Sem / 072	Isfan
10	Badal Sarmachan	B.Com 3 rd Sem / 025	Badal
11	Kushal Chowdhury	B.Com 3 rd Sem / 071	
12	Aditya Chakraborty	B.Com 3 rd Sem / 009	Aditya
13	Samudra Neel Sanowal	B.COM 3 rd Sem / 005	
14	Axat Jain	B.com 3 rd Sem / 262	
15	Shruti Sharma	B.com 3 rd Sem / 263	Shruti
16	Jinti Medhi Medhi	B.com 3 rd Sem / 286	Jinti. M.
17	Aijul Rahman	B.com 3 rd Sem / 266	Aijul
18	Ashish Jha	B.com 3 rd Sem / 301	
19	Kripali Keth	HS 1st year / 166	Kripali
20	Jupitona Baishya	HS 1st year / 167	
21	Mamaliha Roy	HS 1st year / 488	
22	Dhruv Sharma	HS 2nd year / 107	
23	Ashy Baswas	HS 2nd year / 164	
24	Sokhon Tokhi	HS 2nd year / 197	
25	Shibai mazumder	HS 2nd year / 116	Shibai
26	Kajal Pandit	B.Com 5 th Sem / 103	Kajal Pandit
27	JAHANVI SHARMA	B.Com 5 th Sem / 101	
28	Heman Swarghary	B.Com 5 th Sem (646)	
29	Parumita Das	HS 1st year / 175	P.D
30	Rekhi Deka	HS 1st year / 179	
31	Shiv Kumar Chakraborty	HS 1st year / 189	
32	Angkur Rajbanshi	B.Com 3 rd Sem / 319	Angkur
33	Riya Deka	B.Com 3 rd Sem / 121	Riya Deka
34	Anusha Ghimire	B.Com 3 rd Sem / 113	Anusha

Sl. No.	Name	Class / Roll No.	Signature
35.	Baishnabi Gupta	B.Com 3 rd Sem / 100	Baishnabi Gupta
36.	Hemanshi Kalra	B.com 3 rd sem / 300	Hemanshi Kalra
37.	Lalima Jain	B.com 3 rd sem / 299	Lalima Jain
38.	Ronak Jain	B.com 3 rd sem / 345	Ronak Jain
39.	Kuldeep Kalita	B.Com 3 rd Sem / 07	Kuldeep Kalita
40.	Prachi Agarwala	B.Com 3 rd Sem / 51	Prachi Agarwala
41.	Angshuman Roy	B.Com 3 rd Sem / 008	Angshuman Roy
42.	Pritya Agarwal	B.COM 3 rd sem / 50	Pritya Agarwal
43.	Sakshi Shah	B.COM 3 rd sem / 44	Sakshi Shah
44.	Sanika Gupta	B.COM 3 rd sem / 105	Sanika Gupta
45.	Tanishu Roy	B.COM 3 rd sem / 75	Tanishu Roy
46.	Aditi Talukdar.	B.com 3 rd sem / 115	Aditi Talukdar.
47.	Nitali Deha.	B.com 3 rd sem / 116	Nitali Deha.
48.	Saimonsin Milikpi	B.com 3 rd sem / 01	Saimonsin Milikpi
49.	Sejeng Tsonpi	B.com 3 rd sem / 14	Sejeng Tsonpi
50.	Sakshikumari Jha	B.com 3 rd sem / 74	Sakshikumari Jha
51.	Anisha Jha	B.com 3 rd sem / 303	Anisha Jha
52.	Sumanika Boro	B.Com 3 rd sem / 89	Sumanika Boro
53.	Anushka Kashyap	B.com 3 rd sem / 114	Anushka Kashyap
54.	Angana Bhattacharjee	B.com 3 rd sem / 87	Angana Bhattacharjee
55.	Prityangshi Saha	B.com 3 rd sem / 82	Prityangshi Saha
56.	Kalpna Boria	u u / 39	Kalpna Boria
57.	Hiyashree Sakuna	B.com 3 rd sem / 103	Hiyashree S.
58.	Sabita Sarkar	B.com 3 rd sem / 49	Sabita S.
59.	Prabhat Pandey	B.Com 5 th Sem / 50	Pandey
60.	Aniket Mukherjee	B.Com 5 th Sem / 37	Aniket Mukherjee
61.	Saiyam Kumar	B.Com 5 th Sem / 11	Saiyam Kumar
62.	Dipu Ray	B.Com 5 th sem / 577	Dipu Ray
63.	Debray Day	B.COM 5 th sem / 575	Debray Day
64.	Sunayon Chakraborty	B.COM 5 th sem / 417	Sunayon Chakraborty
65.	Biplab Das	B.COM 3 rd sem / 332	Biplab Das
66.	Ashok Majhi	B.Com 3 rd sem / 442	Ashok Majhi
67.	Abhishek Ray	B.Com 3 rd sem / 440	Abhishek Ray
68.	Seruna Doley	B.com. / 3 rd sem / 88	Seruna Doley

Sl. NO	Name	Class / Roll NO	Signature
69	Krishan Das Gupta	B.COM 5 th Sem / 588	
70	Swraj Indira	"	
71	Anish Sah	B.COM 3 rd Sem / 775	
72	Saunptik Das	B.COM 3 rd Sem / 305	
73	Pratik Das	B.COM 3 rd Sem / 524	
74	Nandini Katharpi	B.COM 3 rd Sem / 101	
75	Tanjima Hazarika	B.COM 3 rd Sem / 26	
76	Khushi Prajapat	B.COM 3 rd Sem / 68	
77	Aquibul Huzib	B.COM 3 rd Sem / 565	
78	Bal Krishna Lakshita	B.COM 3 rd Sem / 0032	
79	Himanshu Kalita	B.COM 3 rd Sem / 0085	
80	Debasish Das	B.COM 3 rd Sem / 0267	
81	Nitopal Kumar Das	" / 0251	
82	Nikunmoni Saha	" / 046	
83	Riman Sankar	" / 0008	
84	Nazky Parbeen	" / 290	
85	M Chinnari	" / 309	
86	Bhargab Talukdar	B.COM 3 rd Sem / 238	
87	Malay Mahanta	" / 084	
88	Nitish Das	" / 053	
89	Raj Chandra Paul	" / 066	
90	Udit Aggarwal	" / 061	
91	Yash Bhattacha	" / 054	
92	Bikash Debnath	B.COM 3 rd Sem / 0327	
93	Sachin Kumar Roy	B.COM 3 rd Sem / 320	
94	Aveek Ghosh	B.COM 3 rd Sem / 076	
95	Jutison Taro	HS 2 nd year / 188	
96	Peter Boro	HS 2 nd year / 185	
97	Anuska Mandal	HS 2 nd year / 169	
98	Hare Krishna Daimary	HS 2 nd year / 149	
99	Mohit P. Prasad	HS 1 st year / 191	
Teachers → 21			
Students → 108			
Others (From GMCH) → 06			

Patran
13/9/2025.